



## IWO NEWSLETTER MAY 2017

<http://www.iwolimerick.com>

<https://www.facebook.com/IWO>



### The Boards Message:

Did you Know?

- The month of May was named after Maia, the Greek Goddess of Fertility;
- In any given year, no month ever begins or ends on the same day as May does;
- May's birthstone is the emerald, which is emblematic of love and success;
- May was once considered a bad luck month for marriage, 'wed in May and rue the day' .....
- On May 1<sup>st</sup> 1931, the Empire State Building was officially opened.

Here in the counties of Limerick and Clare, listen out for the first cuckoo, and watch the wildflowers emerge... the Burren, as you know, looks spectacular at this time of year.

Join us for the Spring Lunch at the French Table: the IWO 'blanket of squares' will be there for you to examine, ahead of the raffle; plus the IWO Board for 2017/2018 will be confirmed. Hope to see you all there.

### Secretary's News:

#### MAY ACTIVITIES: also on the Calendar

1. **Spring Lunch: Tuesday 23<sup>Rd</sup> May, French Table, Limerick, 12:30.**

<http://www.frenchtable.ie>

IWO will subsidise each member's lunch by €5; two courses €16.50, three courses €20. Exclusive of tea and coffee. Linda will book and send out menus.

**Please respond to Keyna by Friday 19<sup>th</sup> May, earlier if you can** indicating whether you would like 2 or 3 courses. Monies will be collected by Keyna on the day, prior to the lunch. Drinks to be paid for separately.

2. **Dance Limerick Over 50's Dance Project: Choral Moves Show**

<http://www.dancelimerick.ie/news/choral-moves-new-dance-project-people-aged-50>

See Linda and Laura strut their stuff: **THE DANCE SHOW IS ON SUNDAY 14<sup>th</sup> May 3:00pm** at Dance Limerick Space, St. John's Church, St Johns Square. They'd love your support!

3. **Nordic Walking: Monday 22<sup>nd</sup> May:** Lin will do a 'taster' for IWO members on Monday 22<sup>nd</sup> May University of Limerick, 1:30pm. Lin will give directions to the car park closer to the event. Please let Lin know if you're going. **NO POLES REQUIRED.**



### **Regular Activities:**

**Sunday Meet-up:** to read the newspapers (maybe) and have coffee/brunch/jazz: @'House', Howleys Quay, Limerick, **1pm Sunday May 7<sup>th</sup>.** Usually a core of 6-8 IWOers are there. **BYON** Bring Your Own Newspapers and **Contact Linda if you're going this month**

**Shanghai Cards:** TBC

**Book Club:** The final book club meeting will be on Tuesday May 16, 7pm, at Michele's house. The book is a detective story set in Venice. Author: Donna Leon. Title: Friends in High Places.

A little bee has intimated that fondue may be on the menu 🐝📖.....Theresa's words....

**Coffee Get-togethers:** Thursdays at 10:30a.m.

*May 4<sup>th</sup> : Alzheimer's Tea Day, Breda O'Carroll, Monaleen*

*May 11<sup>th</sup>: Sheila Godfrey, Clarina*

*May 18<sup>th</sup>: Theresa, Ballina-Killaloe*

*May 25<sup>th</sup>: Hunt Museum Café*

**Mah Jong:** Wednesdays at 10am til 1 pm

May 3<sup>rd</sup> : Louise, Ballina, please let Louise know if you're going or not. Thanks

May 10<sup>th</sup> : Louise, Ballina, please let Louise know if you're going or not. Thanks

May 17<sup>th</sup>: Looking for a Host

May 24<sup>th</sup>: Lin's, Castletroy

May 31<sup>st</sup> : Lin's, Castletroy

*Happy Birthday*  
**GORETTI**



See you at the Spring Lunch if not before,  
Christine

