



WELCOME BACK!

President Message

Dear friends

Where has time gone? I hope that you have all had an exciting Summer Holiday period and are chomping at the bit to get up and going into our coming year's activities and get-togethers! Looking forward to seeing you soon!

We have a great new committee, full of ideas and enthusiasm so I look forward to a fun-filled year! Lin has already sent out the Calendar for September, and you have received a taster of what is to come from Susan recently. Our first activity for the new season will be on **Thursday, 7 September in the Castletroy Park Hotel (Conservatory), 10.30 hrs.** Looking forward to seeing everyone who can make it!

As I have said on many occasions: this is YOUR organisation; many of you have been members for a long time, and we value your input and ideas. We also look forward to hearing for ALL members, new and old, young and older: if there is something that you would like to propose, whatever field of activity, let us know! We'll highlight what has been proposed in regular messages to everyone in the IWO mailbox (all members should receive this — we update the mailing list regularly). We will also discuss suggestions made in our monthly meetings!

So, time to button down the hatches, cope with the drop in temperature/start of the new school year, and optimistically start planning What to Do in the coming year! A Big Thank You to all the regular volunteer organisers who work tirelessly each month for our regular activities: Val, Mary-Rose, Donna, Theresa, Lin, the committee members, all those who kindly offer their homes to welcome members on a regular basis, as well as members who propose outings etc! You are the life-blood of the Organisation and we appreciate all you do.

Looking forward to seeing those of you who can make it to the Welcome Back Coffee on 7 September!

Linda

PS: those interested in coming to the Sunday Brunch in House (Howley's Quay) on Sunday, 10 September from 13 hrs, please let me know by Thursday, 7 September so I can confirm numbers to them. Spouses, partners and friends are very welcome to join us too!

Secretary's news:

Sept. activities: also on the calendar

- 1.IWO welcome back coffee in Castletroy park hotel, 10:30am 7th Sept., confirm with Linda before 1st Sept.
- 2.Mah Jong Wednesdays: 10am -1pm. 6th and 13th Sept. at Lin's Castletroy. 20th and 27th Sept. at Louise's Ballina. Anyone want to join as new member can contact Lin.
- 3.Shanghai Card: 4th Sept. 7pm at Sheila's Clarina
- 4.Craft: 12th Sept. 10:30am, contact MaryRose.
- 5.Book club: 19th Sept. 7pm at Theresa's Ballina
- 6.Thursday coffee morning: 10:30am 14th, 21st, 28th Sept, location to be confirmed.
- 7.Friday nordic walking: 10:30am 8th, 15th, 29th, at UL, contact Lin.
- 8.Sunday brunch: 10th Sept. 1pm in House at Howley's Quay. Confirm with Linda before 7th Sept.

wish you all have a fun filled month.

Susan
Co. secretary